

Community Health Implementation Plan

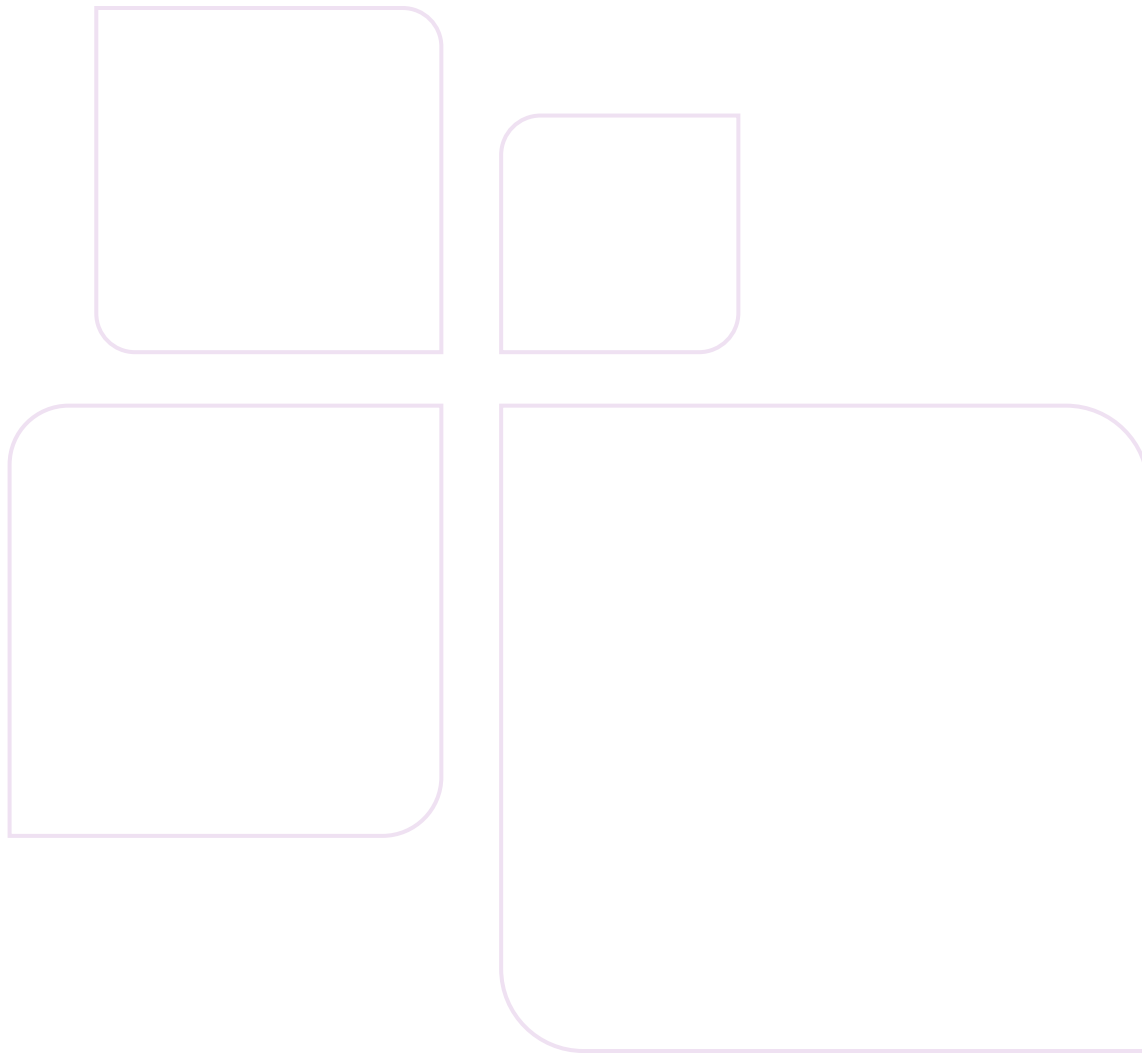
Strategies for responding to the prioritized needs in the community

2026 – 2028



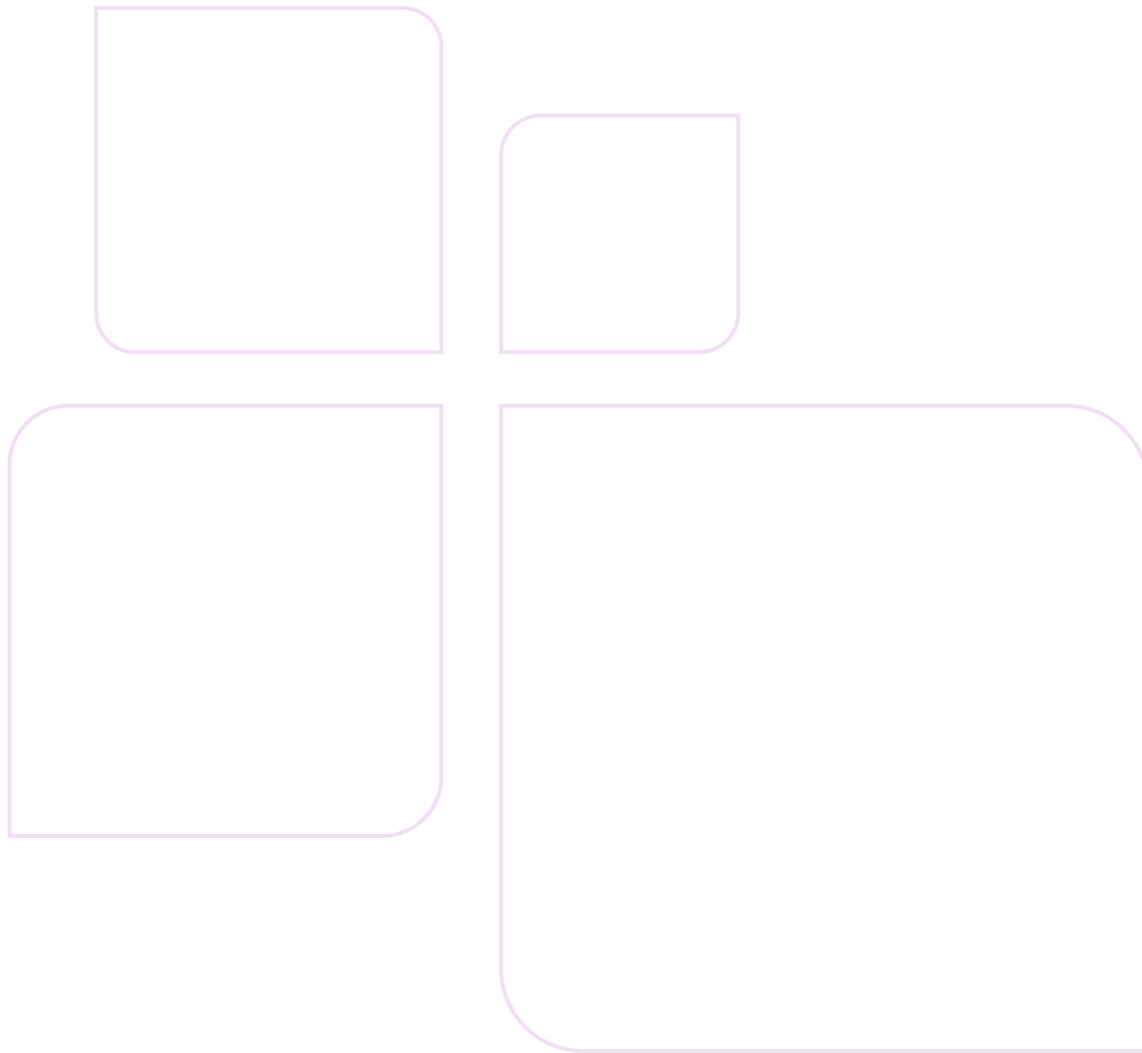
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Chapter 1: Introduction





Introduction

At CHRISTUS Ochsner Southwestern Louisiana Health System, our mission calls us to extend the healing ministry of Jesus Christ, especially to those who are most vulnerable. We know that health does not begin in a hospital. It begins in homes, neighborhoods and communities shaped by opportunity, support and care. That is why we work not only within our clinical walls, but also alongside community partners to address the root causes of poor health across the communities we serve. This 2026-2028 Community Health Implementation Plan (CHIP) builds upon the findings of our most recent Community Health Needs Assessment (CHNA). It outlines how CHRISTUS Ochsner Southwestern Louisiana will respond to the top health needs identified by the people and partners who live, work and serve in our region.

Our Vision

At CHRISTUS Ochsner Southwestern Louisiana Health System, we envision a community where:

- Mothers and babies have access to the care and support needed for healthy pregnancies, childbirth, growth and development.
- Children are well-equipped with the care and support to grow up physically and mentally healthy.
- Adults have access to the care, support and opportunities needed to maintain physical and mental health throughout their lives.
- Older adults have accessible and empowering environments to ensure that every person can age with health and socioeconomic well-being.
- Community members receive compassionate, high-quality care that honors their dignity, life experiences and unique needs.

What This Plan Includes

The CHIP identifies actionable strategies designed to improve health outcomes across the lifespan. These strategies fall into three categories:

- **Hospital direct care strategies:** programs led CHRISTUS Ochsner Southwestern Louisiana Health System, such as new service lines, mobile outreach or expanded screenings
- **Community funding strategies:** investments through our CHRISTUS Fund and local benefit programs to strengthen the safety net and address social determinants of health
- **Community partner strategies:** collaborations with local nonprofits, schools, coalitions and agencies that advance shared goals through aligned services

Each strategy is aligned with one or more key priorities from the CHNA and is structured by life stage: maternal and early childhood, school age and adolescent, adult and older adult.

The Communities We Serve

CHRISTUS Ochsner Southwestern Louisiana Health System serves as a vital anchor for care across our primary service area, which includes Calcasieu Parish and Beauregard Parish. This defined area represents the counties where our hospitals are located and where the majority of our patients live and seek care.

While the primary service area guides our formal planning and reporting, our commitment extends to the entire region. Through regional outreach, mobile services and mission-driven partnerships, CHRISTUS Ochsner Southwestern Louisiana Health System remains present in and accountable to communities beyond these core counties, especially those that are rural or medically underserved.

Our primary service area encompasses a diverse mix of neighborhoods, agricultural towns and rapidly growing cities. These are the communities that shaped our most recent Community Health Needs Assessment (CHNA), and their lived experiences informed every strategy in this plan.

As we enter the 2026-2028 implementation cycle, we remain focused on expanding access to high-quality, culturally responsive care throughout the region. Through clinical outreach, local partnerships and targeted community investments, we aim to ensure that every person — regardless of zip code — has the opportunity to live a healthier life, close to home.

Systems of Care Principle

CHRISTUS Ochsner Southwestern Louisiana Health System is part of a broader system of care that extends beyond the walls of any single organization. Across the region, a diverse network of health care providers, public agencies, community-based organizations, schools, faith communities and local leaders work in alignment to promote health and well-being.

This system of care is built on the understanding that health is shaped by more than medical care. It is influenced by stable housing, safe neighborhoods, transportation, food access, education, employment and social connection. No one institution can meet all these needs alone — but together, we can create a more coordinated, responsive and equitable approach to care.

The system of care model organizes services around key life domains, ensuring that people are supported holistically — not just as patients, but as whole individuals with interconnected needs. It also allows each partner to do what they do best — whether that's delivering clinical care, offering counseling, preparing meals or advocating for policy change.

CHRISTUS Ochsner Southwestern Louisiana Health System embraces this model as part of our mission. By working collaboratively with our patients, neighbors, associates, leaders and our strong community partners, we help reduce service gaps, improve outcomes and create a stronger safety net across our region.

Our Plan and Our Promise

The Community Health Implementation Plan (CHIP) is not just a requirement. It is a reflection of our CHRISTUS Health values in action.

Every three years, CHRISTUS Ochsner Southwestern Louisiana Health System conducts a Community Health Needs Assessment (CHNA) to better understand the health priorities, challenges and opportunities across our primary service area. The CHIP is our response to those findings — a forward-looking plan that outlines how we will work with communities to address the most pressing health needs over the next three years.

This plan was shaped through both data and dialogue. Using the Metopio platform and public health datasets, we analyzed dozens of indicators tied to health outcomes and social determinants. But we didn't stop at numbers — we listened deeply through focus groups, community surveys and direct conversations with local leaders, service providers and residents across the region. In particular, we made a focused effort to hear from those whose voices are too often left out: rural families, low-income residents, caregivers, youth and individuals with lived experience navigating health challenges.

What emerged from this process is a clear call to action — and a shared vision for a healthier region.

The CHRISTUS Ochsner Southwestern Louisiana Health System CHIP includes strategies that fall into three categories. Each strategy, whether a hospital-led initiative, a community benefit investment or a partnership effort, is rooted in lived experience, tied to measurable community needs and designed to advance health equity across the lifespan — from maternal and child health to chronic disease management and aging with dignity.

As we implement this plan, CHRISTUS Ochsner Southwestern Louisiana Health System remains deeply committed to:

- Centering community voice in every strategy
- Addressing root causes like poverty, access, housing and education
- Investing in trusted local solutions that build long-term resilience
- Connecting clinical care with community supports
- Working collaboratively across sectors to create lasting change

This plan is more than a list of programs; it is a shared commitment to healing, dignity and justice. Together with our partners, we will continue to build a region where every person, regardless of background, circumstance or zip code, has the opportunity to live a healthier, more dignified life.

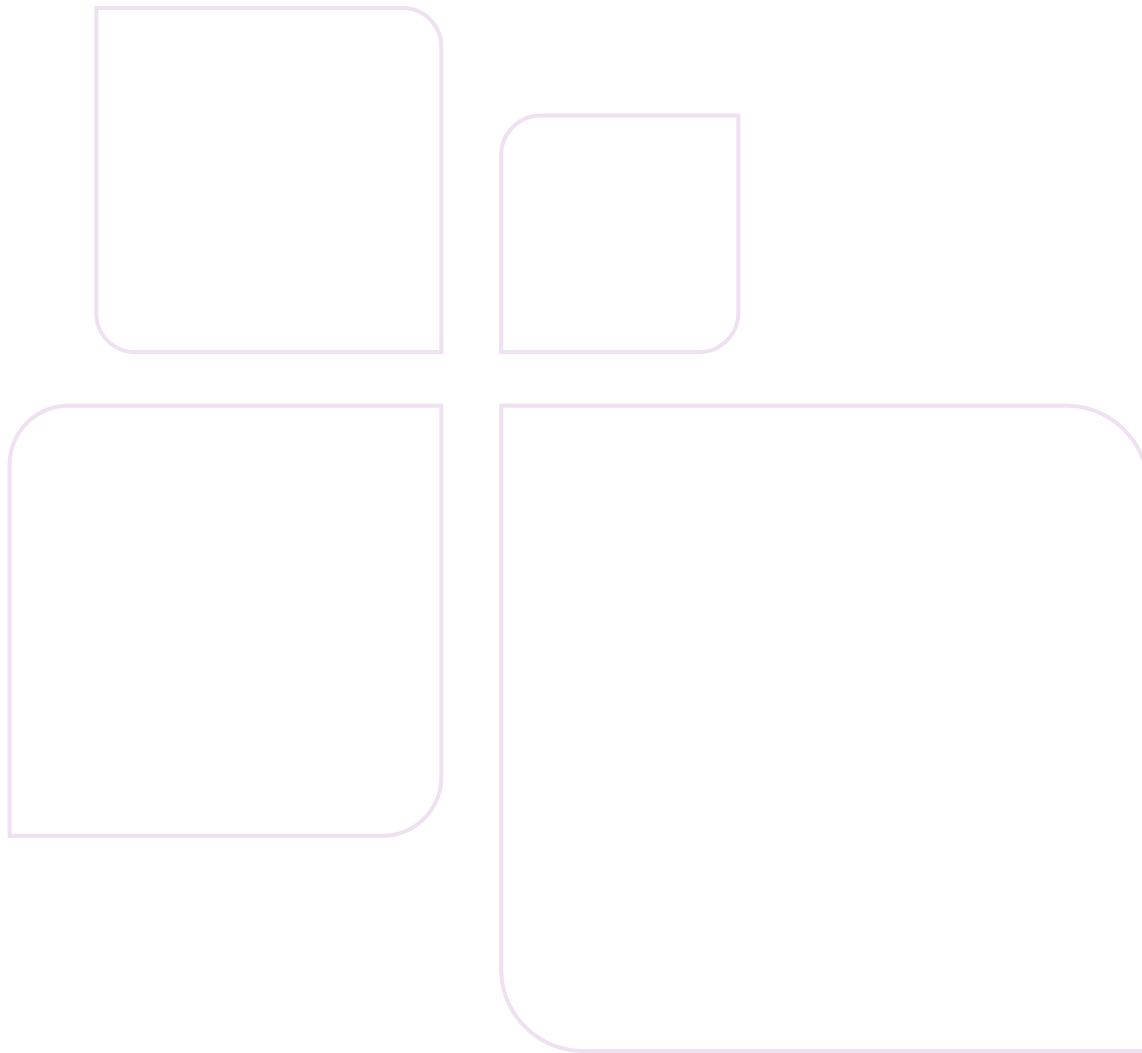
Board Approval

The final Community Health Needs Assessment (CHNA) report was completed, and the ministry CEO/president and executive leadership team of CHRISTUS Ochsner Southwestern Louisiana Health System reviewed and approved the CHNA prior to June 30, 2025, with the board of directors' ratification on August 8, 2025. Steps were also taken to begin implementation as of June 30, 2025, and the Community Health Implementation Plan (CHIP) was approved by the board of directors on August 8, 2025.

CHRISTUS Ochsner Southwestern Louisiana Health System will continue to monitor and evaluate the implementation of these strategies to ensure they are making a measurable, positive impact on the health and well-being of the community.

Chapter 2: Impact





Reflecting on Our Impact

This chapter serves as both a reflection and a celebration of the progress made since the 2023-2025 Community Health Needs Assessment (CHNA) and its corresponding Community Health Implementation Plan (CHIP). It highlights how CHRISTUS Ochsner Southwestern Louisiana Health System has translated strategy into meaningful action and how our collective efforts have improved lives across the region.

Guided by the priorities identified in the last CHNA, CHRISTUS Ochsner Southwestern Louisiana Health System made strategic and mission-driven investments to improve health outcomes and promote equity, especially for those facing the greatest barriers to care. These efforts include targeted community benefit contributions in several key areas: charity care and financial assistance, subsidized health services and community-based programs that address the root causes of poor health, such as food insecurity, housing instability and limited access to behavioral health care.

This chapter also provides a closer look at the CHRISTUS Community Impact Fund, which allows us to support trusted nonprofit partners who are creating change at the local level. Summaries of our FY23 through FY25 investments illustrate how these organizations have delivered high-impact, culturally responsive programs that align with our mission, values and system goals.

As we prepare to launch the 2026-2028 CHIP, this chapter provides an opportunity to reflect on the progress we have made alongside our Coastal Bend community. It serves as a foundation for building upon, celebrating the lives we have touched, the partnerships we have formed and strengthened and the lessons we have learned that will inform our next chapter in community health.



Community Benefit

Our Commitment in Action

As a Catholic, not-for-profit health system, we reinvest our earnings into programs, partnerships and services that improve health outcomes and advance equity for individuals and families across our ministries.

Each year, CHRISTUS Ochsner Southwestern Louisiana Health System dedicates financial, physical, human, intellectual and informational resources to address the most pressing health and social needs identified in our Community Health Needs Assessment.

Guided by Catholic social teaching, these community benefit activities aim to create healthier and more resilient communities by addressing both clinical and broader social needs at the same time bridging gaps that affect long-term well-being.

From FY23 through FY25, our community benefit contributions have supported three core categories:

- Charity care and financial assistance
- Unreimbursed Medicaid and means-tested government programs
- Community health improvement services and community-building activities

In addition to direct care, CHRISTUS Ochsner Southwestern Louisiana Health System supports programs that focus on upstream drivers of health, such as food insecurity, housing instability and access to behavioral health services, through outreach, education and partnerships with local organizations.

At CHRISTUS Ochsner Southwestern Louisiana Health System community benefit is fundamental to our identity and how we serve. These committed resources and investments reflect our dedication to equity, stewardship and ongoing community impact.



FY23 Community Benefit Landscape

Community services \$10 million		Charity care \$3.6 million	Total community benefits \$13.7 million	
\$942 thousand Community health improvements and strategic partnerships	\$217 thousand Health professionals' education and research	\$9 million Cash and in-kind distributions	\$14 thousand Community building activities	

FY24 Community Benefit Landscape

Community services \$2.7 million		Charity care \$4.6 million	Total community benefits \$7.3 million	
\$1.9 million Community health improvements and strategic partnerships	\$209 thousand Health professionals' education and research	\$182 thousand Subsidized health services	\$380 thousand Cash and in-kind distributions	\$21 thousand Community building activities

FY25 Community Benefit Landscape

At this time, we are only including data from fiscal years 2023 and 2024 in our reporting on community benefit investments. We have chosen not to include FY2025 data as it remains unaudited and therefore subject to change. To ensure accuracy and maintain the integrity of our reporting, we only publish audited financial data. The audited data for FY2025 will be available in June 2026, at which point it will be incorporated into future reports and submissions.

Community Impact Fund

Established in January 2011, the CHRISTUS Community Impact Fund is the grantmaking arm of CHRISTUS Health. It was created to support initiatives led by nonprofit community agencies that improve the health and well-being of individuals and families across our ministries. Since its inception, the fund has become a catalyst for equity-driven, community-centered innovation — amplifying the voices of those closest to the challenges and investing in those best positioned to create change.

Each year, the CHRISTUS Community Impact Fund provides grants to organizations that align with the priorities identified through the Community Health Needs Assessment (CHNA). These investments support programs that:

- Expand access to care and essential social services
- Promote mental health and emotional well-being
- Prevent and manage chronic disease
- Address the root causes of poor health, including food insecurity, housing and transportation
- Strengthen community leadership, advocacy and capacity

From FY23 through FY25, CHRISTUS Ochsner Southwestern Louisiana Health System awarded Community Impact Fund grants to trusted, mission-aligned partners across the region. These organizations serve as the hands and feet of our shared vision — delivering culturally responsive programs, fostering community trust and driving measurable health improvements where they are needed most.

The following pages highlight the diverse grantees supported over the past three years, underscoring CHRISTUS Health's commitment to sustained and collaborative community impact.



FY23 Community Impact Fund

ORGANIZATION	DOMAIN	PRIORITY	PROGRAM NAME	PROGRAM DESCRIPTION
Catholic Charities of Southwest Louisiana	Build resilient communities and improve social determinants	Healthy food access	Healthy Food Choices	To provide more healthy food choices and healthy recipes for clients who use the food bank
Family and Youth Counseling Agency, Inc.	Advance health and well-being	Mental health and well-being	Pathway to Recovery	To provide mental health services to individuals recovering from traumatic environmental events
Total CHRISTUS Community Impact Fund investment:				\$200,000.00

FY24 Community Impact Fund

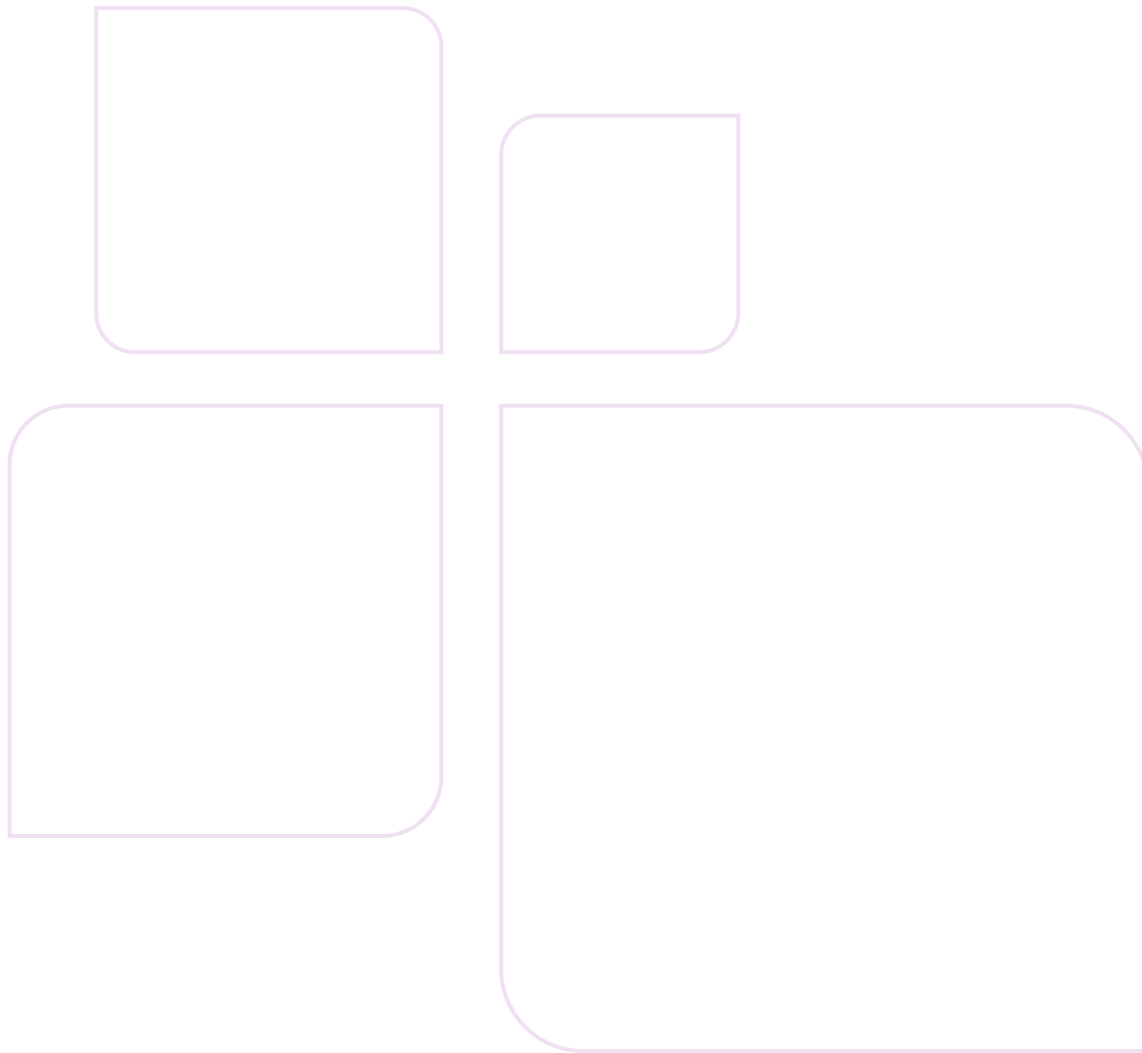
ORGANIZATION	DOMAIN	PRIORITY	PROGRAM NAME	PROGRAM DESCRIPTION
Catholic Charities of Southwest Louisiana	Build resilient communities and improve social determinants	Healthy food access	Healthy Food Choices	To provide more healthy food choices and healthy recipes for clients who use the food bank
Family and Youth Counseling Agency, Inc.	Advance health and well-being	Mental health and well-being	Pathways to Recovery	To improve the immediate and long-term mental health of residents of southwest Louisiana recovering from traumatic environmental events
Family Foundation of Southwest Louisiana	Advance health and well-being	Mental health and well-being	Youth Advocacy Program	To provide court-appointed advocacy for children and youth involved with the foster care system
Total CHRISTUS Community Impact Fund investment:				\$295,000.00

FY25 Community Impact Fund

ORGANIZATION	DOMAIN	PRIORITY	PROGRAM NAME	PROGRAM DESCRIPTION
Catholic Charities of Southwest Louisiana	Build resilient communities and improve social determinants	Healthy food access	Healthy Food Choices	To supplement non-perishable foods that are distributed monthly with fresh fruits, vegetables, dairy products and lean meats to increase the variety of foods and nutritional profile of food served
Family and Youth Counseling Agency, Inc.	Advance health and well-being	Mental health and well-being	Frontline Resilience Program	To provide counseling services to frontline workers experiencing negative mental health concerns
Family Foundation of Southwest Louisiana	Advance health and well-being	Mental health and well-being	Youth Advocacy Program	To provide court-appointment advocacy for children and youth in the foster care system by employing a program coordinator to work on more complex cases and support volunteer advocates
Total CHRISTUS Community Impact Fund investment:				\$300,000.00

Chapter 3: Priorities





Priorities and Focus

The Lifespan Approach

To understand and respond to the evolving needs of the communities we serve, CHRISTUS Ochsner Southwestern Louisiana Health System structured its Community Health Needs Assessment (CHNA) and Community Health Implementation Plan (CHIP) using a lifespan approach more effectively. This framework organizes data, priorities and strategies by key stages of life, recognizing that health needs and the factors that shape them change as individuals grow, age and move through different phases of life.

CHRISTUS Ochsner Southwestern Louisiana Health System identified three to five leading health indicators within each of the following four life stages:

- Maternal and early childhood (pregnancy through age 4)
- School-age children and adolescents (ages 5-17)
- Adults (ages 18-64)
- Older adults (ages 65 and up)

Segmenting our work in this way ensures that interventions are age-appropriate, culturally responsive and aligned with the unique developmental, social and health needs of each phase of life. At the same time, we recognize that health is deeply interconnected — maternal health affects infant outcomes, early trauma can influence long-term well-being and investments in one life stage often ripple into the next.

By using a lifespan approach, CHRISTUS Ochsner Southwestern Louisiana Health System and its partners can deliver more precise, equitable and coordinated responses across the continuum of care, laying stronger foundations for health today and for generations to come.



Prioritization Process

To determine the most pressing community health needs for the 202-2028 Community Health Implementation Plan (CHIP), CHRISTUS Ochsner Southwestern Louisiana Health System used a data-informed and community-driven approach grounded in the Results-Based Accountability (RBA) framework. This method ensures that decisions are rooted in both quantitative data and the lived experiences of community members.

A series of community indicator workgroups organized by life stage brought together residents, partners and subject matter experts to discuss what good health looks like across the lifespan:

- Maternal and early childhood
- School-age children and adolescents
- Adults
- Older adults

During these workgroups, participants reviewed existing CHNA data, discussed emerging health trends and assessed indicators from the prior implementation cycle. They explored local conditions and asked key questions to guide prioritization:

- Can we trust the data?
- Is the indicator easy to explain and understand?
- Does it represent a larger community condition?

This process included tools from the RBA model, including the concept of “turn the curve,” which focuses on using trend data to understand whether community conditions are improving over time. Rather than focusing on year-to-year fluctuations, this model assesses progress

based on whether strategies are starting to shift long-term trends in the right direction.

Based on these discussions, each workgroup identified three to five leading health indicators for their respective life stage. These indicators highlight the areas of greatest need, concern and opportunity for impact. They now serve as a shared focus for the health system’s strategies, investments and partnerships over the next three years, ensuring that improvement efforts are both targeted and measurable.



Lifespan Priority Indicators of 2026-2028

The following table summarizes the priority indicators selected through the community indicator workgroups and approved by the CHRISTUS Ochsner Southwestern Louisiana Health System’s board of directors. These indicators represent the most urgent and actionable health and social needs for each stage of life, based on both community input and data analysis conducted during the Community Health Needs Assessment (CHNA) process.

These leading indicators will serve as a foundation for the 2026-2028 Community Health Implementation Plan (CHIP), guiding program strategies, investments and partnerships that aim to “turn the curve” on health outcomes across the lifespan.

For a detailed explanation of each indicator, including baseline data, trend analysis and community context, please refer to the CHRISTUS Ochsner Southwestern Louisiana Health System’s Community Health Needs Assessment, available at:

CHRISTUShealth.org/connect/community/community-needs

LEADING INDICATORS			
Maternal Health and Early Childhood Health	School-Age Children and Adolescent Health	Adult Health	Older Adult Health
Mothers and babies will have access to the care and support needed for healthy pregnancies, childbirth, growth and development.	Children will be well-equipped with the care and support to grow up physically and mentally healthy.	Adults will have access to the care, support and opportunities needed to maintain physical and mental health throughout their lives.	Older adults will have accessible and empowering environments to ensure that every person can age with health and socioeconomic well-being.
• Healthy births • Access to prenatal care • Behavioral health ○ Mental health • Food insecurity	• Behavioral health ○ Mental health ○ Suicide ○ Substance abuse	• Access to care ○ Primary care ○ Specialty care • Cancer • Behavioral health ○ Mental health	• Access to care ○ Primary care ○ Specialty care • Chronic diseases ○ Heart disease ○ Diabetes • Behavioral health ○ Mental health • Inability to perform activities of daily living • Falls and associated problems

Needs That Are Not Being Addressed

The CHRISTUS Ochsner Southwestern Louisiana Health System's 2026-2028 Community Health Needs Assessment (CHNA) identified a broad range of important health and social needs across our service area. However, not all these needs fall within the direct scope of services or resources that CHRISTUS Ochsner Southwestern Louisiana can lead or sustain independently. Some community issues require the specialized focus, infrastructure or mission alignment of other organizations, agencies or collaborative groups better positioned to lead efforts in those areas.

Examples of these needs may include, but are not limited to:

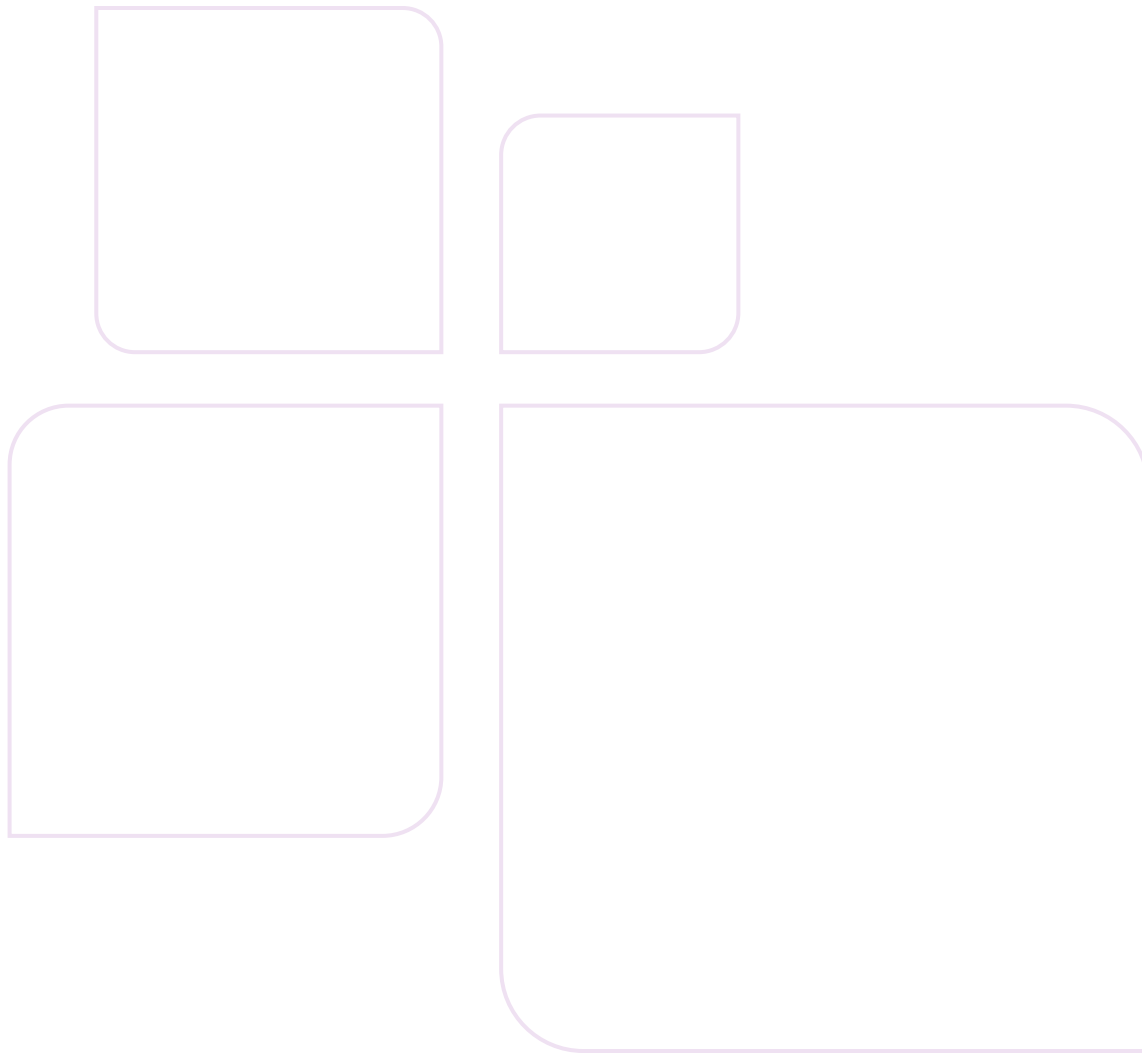
- Behavioral Health
- Food Insecurity

Although CHRISTUS Ochsner Southwestern Louisiana will not serve as the primary lead on these issues, we recognize their direct impact on health outcomes and the overall well-being of our patients and communities. For this reason, we remain deeply committed to collaborating with community partners who address these needs, participating in coalitions, supporting aligned initiatives and ensuring that our strategies complement and enhance their work.

The "Strategies" section that follows will highlight where CHRISTUS Ochsner Southwestern Louisiana is playing a supportive or collaborative role on these issues, including how we are coordinating with trusted organizations and multi-sector partners. These collaborative efforts are essential to building a more comprehensive, equitable and effective system of care across our region.

Chapter 4: Strategies





Strategies

The implementation strategies outlined in the following sections are organized according to the lifespan stages identified in the 2026–2028 Community Health Needs Assessment. Each section details the approaches CHRISTUS Ochsner Southwestern Louisiana (COSL) will use to address priority health indicators, categorized into three distinct strategy types:

- **Hospital Direct Care Strategies ("We lead")**
Initiatives led directly by CHRISTUS Ochsner Southwestern Louisiana, typically aligned with hospital and clinical operations. Examples include expanding access to primary and specialty care, enhancing chronic disease management, and strengthening maternal and child health services.
- **Community Funding Strategies ("We fund")**
Efforts financially supported by CHRISTUS through grants and community benefit funds. These include programs such as the CHRISTUS Fund and local community benefit investments designed to address unmet needs and fill gaps in care.
- **Community Partner Strategies ("They lead")**
Collaborative efforts led by community organizations, with CHRISTUS serving in a supportive role through participation, advisory board membership, or joint initiatives. Examples include involvement in regional health coalitions, school-based health programs, and strategic partnerships with organizations like United Way.

As a first step in developing these strategies, the leading health indicators were categorized using common language and mapped across lifespan stages. This approach helps align local and system-level

strategies with health data, community survey responses, and feedback from focus groups. Each strategy is then evaluated against available hospital, community, and system resources to ensure feasibility and impact.

The investments COSL commits to support treatment services, safety net programs, efforts to address social determinants of health, and direct community benefits such as free flu vaccinations, health screenings, and health education events. Ongoing collaboration with community partners ensures coordinated efforts to improve public policy, expand outreach, and develop new initiatives that respond to the priority health needs of the communities we serve.

Maternal and Early Childhood Health

RESULT: Mothers and babies will have access to the care and support needed for healthy pregnancies, childbirth, growth and development.

LEAD INDICATORS

- Healthy births
- Access to prenatal care
- Behavioral health
 - Mental health
- Food insecurity

DATA MEASURES

- Preterm births
- Food insecurity
- Prenatal care in first trimester
- Average number of prenatal visits
- Postpartum depression

MATERNAL AND EARLY CHILDHOOD HEALTH STRATEGIES		
Hospital direct care strategies	Community funding strategies	Community partner strategies
"We lead"	"We fund"	"They lead"
• Expanded Prenatal Access: Grow the Ochsner Prenatal Care Program to improve access and outcomes for expectant mothers, especially in underserved areas. • 24/7 OB Hospitalist Coverage: Maintain round-the-clock obstetric care to ensure safe and timely support for laboring mothers. • Integrated Behavioral Health in Prenatal Care: Certify OB providers in perinatal mental health to address emotional well-being during pregnancy and postpartum. • Postpartum Continuity of Care: Implement a standardized referral protocol to the Follow-Up Clinic for comprehensive postpartum support, including physical recovery and mental health. • Lactation & Diabetes Support Services: Operate lactation clinics and offer tailored diabetes education to promote maternal and infant health before and after delivery. • NICU Transport & Family Lodging: Provide specialized NICU transport services and overnight accommodations for families to support high-risk newborns and family-centered care. • Child Safety Initiatives: Conduct car seat safety inspections and distribute educational materials to promote infant safety and empower parents. • Labor & Delivery Anesthesia Access: Ensure consistent anesthesia coverage at Lake Area Labor & Delivery to support safe and pain-managed births.	• Support for Catholic Charities of SWLA: Through the CHRISTUS Community Impact Fund, the hospital supports Catholic Charities in delivering targeted services for maternal and early childhood health, including: • Food Assistance for New Mothers: Ensuring nutritional support during the critical postpartum period. • Comprehensive Community Health Services: Funding emergency rental and utility assistance, transportation, funeral expenses, prescription medication, TWIC and ID support, disaster response, pastoral care, food bank services, and SNAP enrollment. • Healthy Food Access: Expanding the availability of fresh and nutritious food options across five parishes through SNAP outreach and education.	• Kiwanis Collaboration: Partner with Kiwanis Clubs to distribute gift cards and essential care items to new parents, supporting early childhood needs. • Postpartum Mental Health Support: Provide short-term funding to Family and Youth Counseling Agency Inc. to deliver counseling services to over 40 women experiencing postpartum depression and anxiety. • Domestic Violence Response: Support the Human Services Response Institute (HSRI) in assisting 20+ victims of domestic violence through services that promote family stability, mental health, and food security. • Child Abuse Intervention: Collaborate with the Children's Advocacy Center to conduct forensic interviews for 500+ children affected by physical and sexual violence. • Human Trafficking Response: Coordinate with community partners to support over 40 underage victims of human trafficking and deliver education on identification and response strategies.

School-Age Children and Adolescent Health

RESULT: Children will be well-equipped with the care and support to grow up physically and mentally healthy.

LEAD INDICATORS

- Behavioral Health
 - Mental health
 - Suicide
 - Substance abuse

DATA MEASURES

- Mental health among Louisiana teens
- Suicide behaviors
- Drug and substance use amongst teenagers in Louisiana

SCHOOL-AGE CHILDREN AND ADOLESCENT HEALTH STRATEGIES		
Hospital direct care strategies	Community funding strategies	Community partner strategies
"We lead"	"We fund"	"They lead"
• Youth Heart Health Screenings: Implement the CHRISTUS Care Partners Program to conduct cardiovascular risk assessments for youth, promoting early detection and prevention. • School-Based Health Centers: Operate on-campus clinics that provide accessible medical care and behavioral health services, with a focus on mental health and suicide prevention. • Preteen Diabetes Prevention: Deliver the PreTeen Prediabetes Prevention Program through CHRISTUS Ochsner dietitians to educate and empower youth in managing healthy lifestyles. • Tobacco & Vaping Education: Provide targeted outreach and education on the risks of tobacco and vaping, helping adolescents make informed health choices.	• Support for Foster Care & Family Stability: Allocate CHRISTUS Community Impact Fund resources to Family and Youth Counseling Agency, Inc. to assist children in foster care and support the court system in securing permanent, stable homes. • School-Based Mental Health Services: Fund in-person counseling services in partnership with the Calcasieu Parish School Board to address behavioral health needs among students. • Community Engagement Sponsorships: Sponsor inclusive community events such as Movie Night with the City of Lake Charles to promote family wellness and strengthen community ties.	• Youth Engagement & Prevention: Collaborate with the Community Youth Advisory Council to operate a resource center focused on preventing juvenile truancy, promoting behavioral health, and encouraging wellness among youth teams. • Juvenile Justice Diversion: Partner with the Multi-Agency Resources Center to reduce youth incarceration through coordinated services and early intervention strategies. • Youth Leadership & Career Development: Provide short-term funding to Family and Youth Counseling Agency to deliver leadership training, career exploration, and guidance to over 300 high school students through The Leadership Center for Youth (TLC). • School-Based Counseling Services: Support Family and Youth's Counseling Center in providing mental health services to hundreds of school-aged children annually. • Policy Advocacy for Children & Families: Collaborate with the Children and Families Action Network (CFAN) to advocate for improved public policies that support youth well-being and family stability.

Adult Health

RESULT: Adults will have access to the care, support and opportunities needed to maintain physical and mental health throughout their lives.

LEAD INDICATORS

- Access to care
 - Primary care
 - Specialty care
- Cancer
- Behavioral health
 - Mental health

DATA MEASURES

- Primary care providers (PCP) per capita
- Specialist physicians per capita
- Cancer diagnosis rate
- Cancer mortality

ADULT HEALTH STRATEGIES		
Hospital direct care strategies	Community funding strategies	Community partner strategies
"We lead"	"We fund"	"They lead"
• Heart Health Screenings: Continue the CHRISTUS Care Partners Program to provide cardiovascular risk assessments and promote early intervention. • Expanded Primary Care Access: Recruit additional primary care providers to meet growing demand and reduce barriers to routine care. • Cancer Care Expansion: Strengthen oncology services by hiring a second cancer physician and launching a new early detection program in partnership with West Calcasieu Cameron Hospital. • Workforce Development: Offer tuition reimbursement through the CHRISTUS Tuition Reimbursement Program to support the training of future healthcare professionals. • Infusion Therapy Services: Operate a dedicated Infusion Center at the Lake Area facility to provide accessible treatment for chronic and complex conditions. • Behavioral Health Crisis Support: Maintain the ED Behavioral Health Bridge Program in partnership with the State of Louisiana to connect patients with timely mental health services.	• Hospital Partnership Enhancement: Collaborate with West Calcasieu Cameron Hospital to improve service delivery and provide access to advanced technologies, including robotic equipment for clinical care. • Rehabilitation Support: Fund a community-based rehabilitation center to expand access to recovery services for adults managing chronic conditions or injuries. • Behavioral Health for Frontline Workers: Provide funding to Family and Youth Counseling Agency Inc. to offer counseling services for medical personnel and first responders, addressing stress, trauma, and mental health needs. • Homeless Health Navigation: Partner with Catholic Charities of Southwest Louisiana to connect individuals experiencing homelessness with physicians and ensure follow-through on medical appointments.	• Community Health Outreach: Deploy nurse navigators in collaboration with local organizations to provide health screenings and referrals at events such as: » <i>L'Auberge Casino Resort Health Fair</i> (September 3, 2025) » <i>Calcasieu Parish School Board Health Fair</i> (September 13, 2025) • Statewide Care Navigation: Partner with state navigators across all CHRISTUS hospitals to improve access to care and connect adults with essential health services. • Homeless Outreach Support: Collaborate with Catholic community initiatives to connect individuals experiencing homelessness with health care providers and ensure follow-through on appointments. • Trauma Recovery Services: Provide short-term funding to Family and Youth Counseling Agency Inc. to deliver trauma-informed care to over 80 adult victims of crime through the Human Services Response Institute (HSRI).

Older Adult Health

RESULT: Older adults will have accessible and empowering environments to ensure that every person can age with health and socioeconomic well-being.

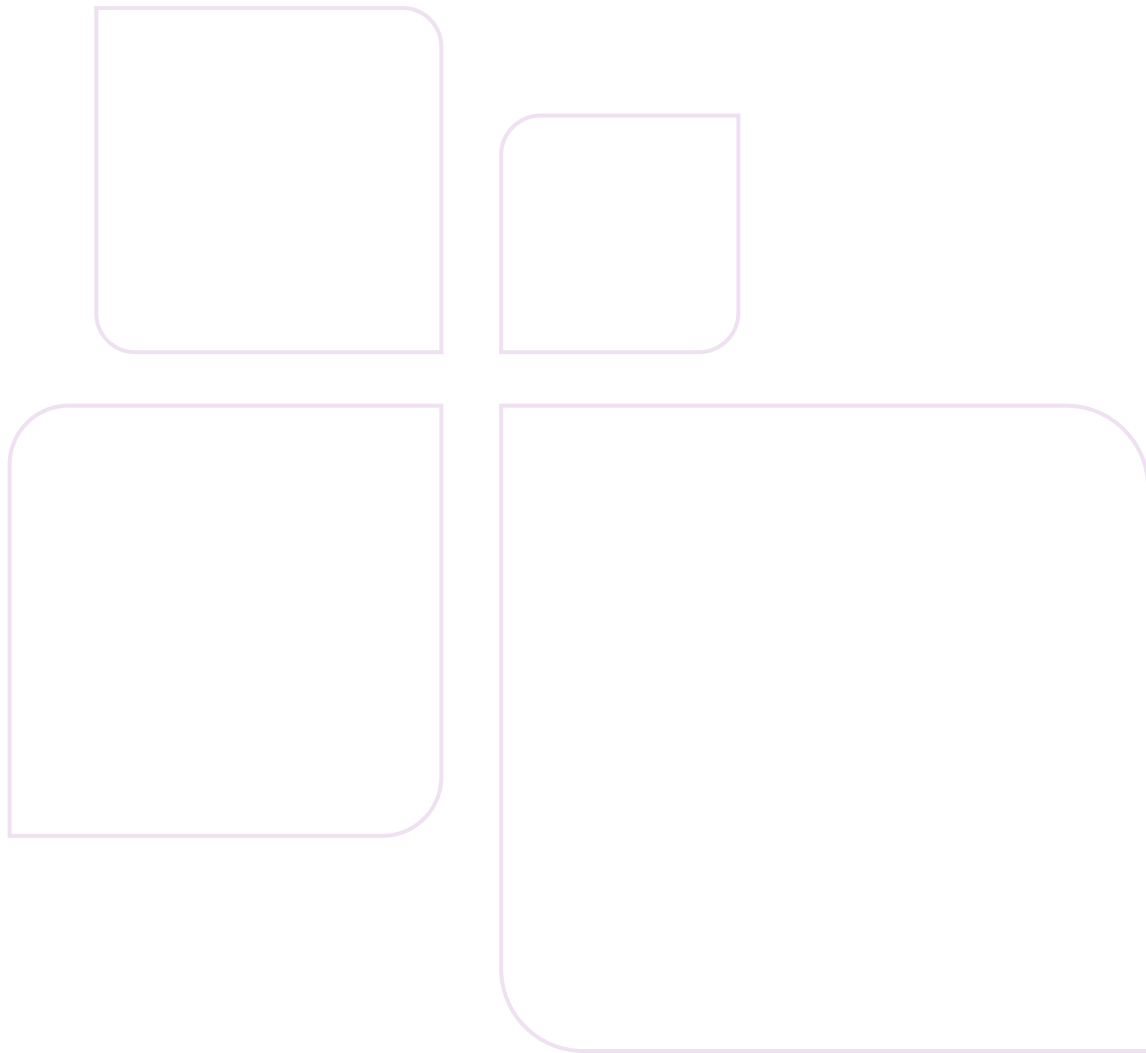
LEAD INDICATORS

- Access to care
 - Primary care
 - Specialty care
- Chronic diseases
 - Heart disease
 - Diabetes
- Behavioral health
 - Mental health
- Inability to perform activities of daily living
- Falls and associated problems

DATA MEASURES

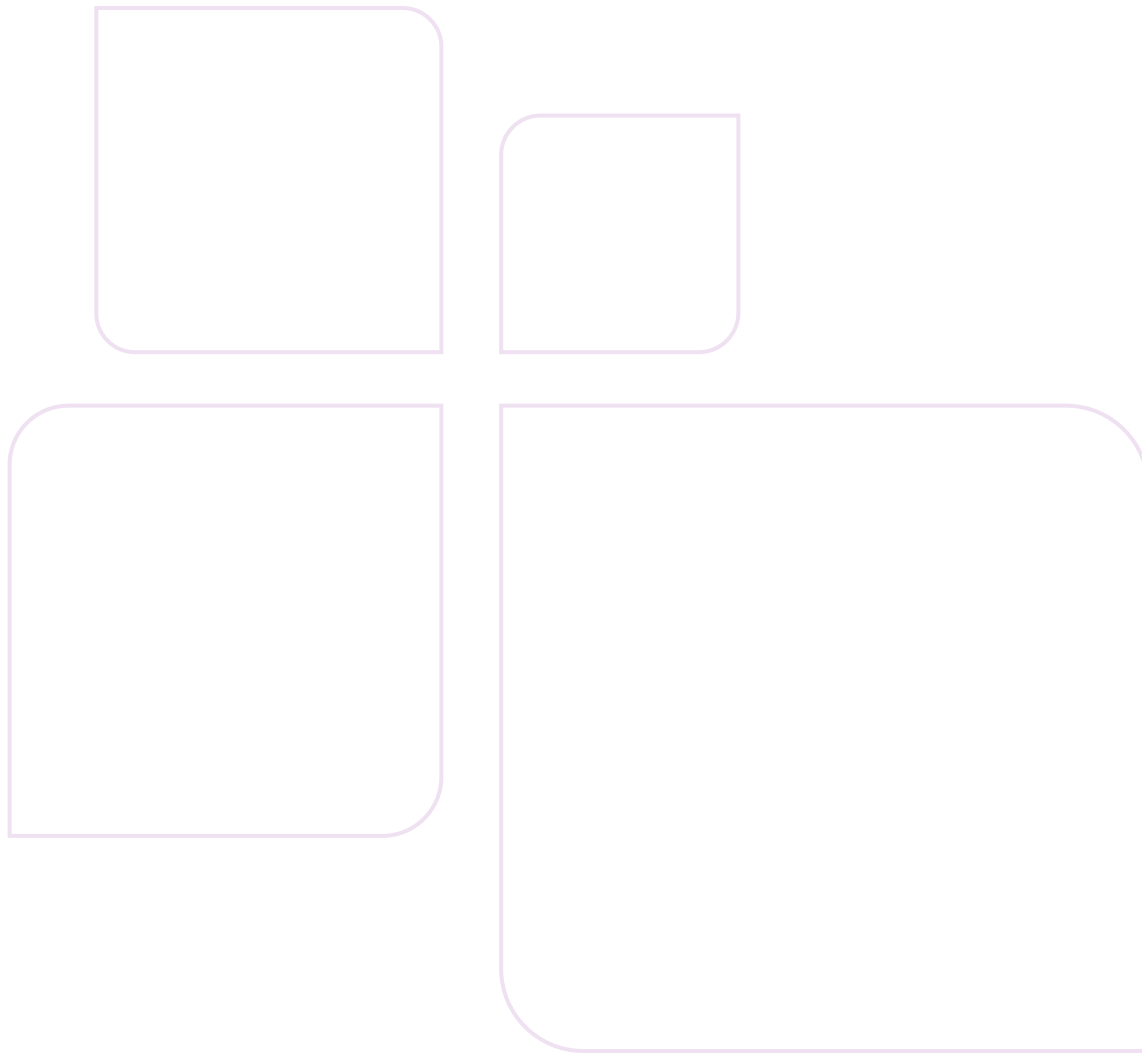
- Heart disease mortality
- Diabetes among Medicare beneficiaries
- Depression in Medicare beneficiaries
- Fall mortality
- Independent living difficulty

OLDER ADULT HEALTH STRATEGIES		
Hospital direct care strategies	Community funding strategies	Community partner strategies
"We lead"	"We fund"	"They lead"
• Cardiovascular Health Promotion: Host the <i>Love Your Heart</i> Risk Assessment Program and offer quarterly heart screenings to support early detection and prevention of heart disease. • Ongoing Risk Assessments: Continue the CHRISTUS Care Partners Program to monitor and manage chronic conditions among older adults. • Early Cancer Detection: Employ a lung nodule coordinator and launch targeted cancer screening programs to improve early diagnosis and treatment outcomes. • Community-Based Health Education: Provide health education through CHRISTUS Health navigators in community settings to empower older adults with knowledge and resources. • Workplace Wellness Outreach: Conduct health screenings and wellness fairs for employees of large companies, many of whom are aging workers managing chronic health needs.	• Senior Health Education: Partner with senior centers, assisted living facilities, and senior homes to deliver tailored health education and wellness programming. • Cardiovascular Risk Screening: Fund calcium score screenings to help older adults assess heart health and prevent serious cardiac events. • Veteran-Focused Outreach: Propose and support a <i>Veterans Resource Fair</i> to address the unique health and social needs of older veterans, including access to care, benefits, and mental health services.	• Heart Health Awareness: Participate in Heart Month activities by offering community-based heart risk assessments and education to promote cardiovascular wellness among older adults. • Senior Support Collaboration: Partner with the Council on Aging and local senior centers to deliver health education, wellness programming, and resource navigation tailored to aging populations. • Community Health Screenings: Deploy nurse navigators in partnership with community organizations to provide referrals and screenings at key events, including: » <i>L'Auberge Casino Resort Health Fair</i> (September 3, 2025) » <i>Calcasieu Parish School Board Health Fair</i> (September 13, 2025)



Chapter 5: Conclusion

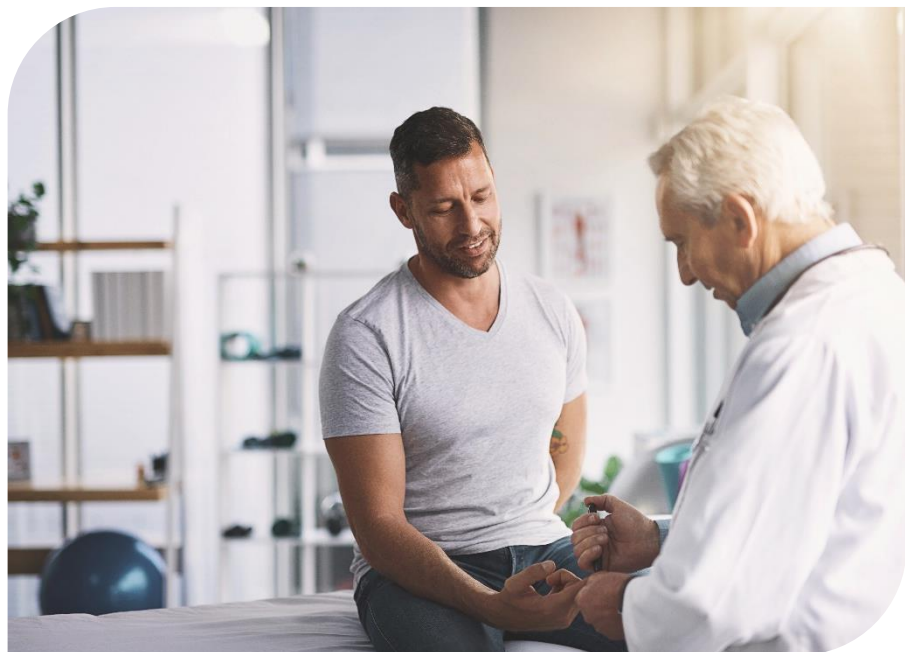




Conclusion

The CHRISTUS Ochsner Southwestern Louisiana Health System's 2026-2028 Community Health Implementation Plan will guide CHRISTUS Ochsner Southwestern Louisiana Health System's strategies over the next three years, aligning the health priorities identified in the Community Health Needs Assessment (CHNA) with focused efforts in direct care, community benefit funding and community partnerships.

Together with the triennial CHNA, the CHIP offers a structured opportunity for CHRISTUS Ochsner Southwestern Louisiana Health System and its community partners to assess the region's most urgent health challenges and determine how we will respond collectively and with purpose.



Improving the health and well-being of an entire community is not the work of one organization alone. It requires deep collaboration, shared accountability and long-term investment in relationships and systems that extend beyond traditional health care. Through this plan, CHRISTUS Ochsner Southwestern Louisiana Health System reaffirms its commitment to working with residents, local leaders and mission-aligned partners to advance equity and create conditions where all people can thrive.

This work is guided by a shared vision of a healthier community where:

- Mothers and babies have access to the care and support needed for healthy pregnancies, childbirth, growth and development.
- Children are well-equipped with the care and support to grow up physically and mentally healthy.
- Adults have access to the care, support and opportunities needed to maintain physical and mental health throughout their lives.
- Older adults have accessible and empowering environments to ensure that every person can age with health and socioeconomic well-being.
- Community members receive compassionate, high-quality care that honors their dignity, life experiences and unique needs.

As we move forward, this CHIP will serve as a roadmap and a promise — a roadmap for focused, measurable action and a promise to listen, adapt and continue showing up in partnership with our community.

Contact Information

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An electronic version of this Community Health Implementation Plan is publicly available at:

CHRISTUS Health's website:

CHRISTUShealth.org/connect/community/community-needs

