



CHAIR YOGA

Improve your balance, strength and flexibility

SCHEDULE OF CLASSES

May 07 Thu	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
May 12 Tue	11am - 11:45am	445 St. Michaels Dr, Santa Fe, NM 87505 (Community Room)
May 14 Thu	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
May 21 Thu	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505

*Each class has a maximum of **14 seats** available

Please register with **Phy Encluna** or call **505-913-8951**