

Next
Class!

Christus St. Vincent Regional Cancer Center

Teaching Kitchen

SPECIAL GUESTS: HANNAH EMERY, DOM
ALLISON DONNELL, ND, DOM,

Please join us to learn about some of the principles of nutrition in Traditional Chinese Medicine from our Doctors of Oriental Medicine

Monday, May 4, 2026

11AM-12PM

Cancer Center Teaching Kitchen

First Floor



*Recipe: Sesame Soba Noodles
with Mushrooms*

Source:

<https://www.delscookingtwist.com/sesame-soba-noodles-with-mushrooms/>

Questions? Call Elizabeth Roadhouse, MS, RD, LD, CSO: 505.913.8974 or
email elizabeth.roadhouse@christushealth.org

